Slouching towards Jerusalem and the passionate intensity of personalization



Biomarker and surrogate skepticism along the way.

Elevation in BP as a biomarker of risk and reduction of BP as a surrogate of risk modification

- Ignored as a biomarker of risk as HDL was preferred as a biomarker of benefit – torcetrapib
- Ignored as a biomarker of risk as benefits predicted to outweigh risk – bevacizumab.
- Hailed as a "mechanism" of risk which with treatment would attenuate risk – celecoxib and rofecoxib.



Cardiovascular Risk

FitzGerald GA TiPS 2007.

Inhibition of prostacyclin synthesis by celecoxib and rofecoxib



¹PGI-M = 2,3-dinor-6-keto-PGF_{1 α}; ⁺*P*<0.01 vs Placebo; ^{*}*P*<0.05 vs Placebo.

Prostacyclin modulates the Bioactivity of Thromboxane



* p<0.05 vs. wild type

Cheng et al., Science 296:593, 2002

Vascular COX-2 restrains Thrombogenesis



Yu et al unpublished

Deletion of Vascular COX-2 elevates Blood Pressure



Yu Y. et al unpublished

#, p<0.01, paired t test,

*, p<0.05, unpaired t test, n=7-14

Vascular COX-2 contributes to Urinary PGI-M



*, p<0.05; ***, p<0.001, n=16-22

Inverse correlation between BP and PGI₂ in EC and VSMC COX-2 KOs



Yi et al 2008

Magic Markers?

- Depressed PGIM predicted CV hazard and all elements of the human phenotype recapitulated in mice by disruption of the COX-2 dependent formation of PGI₂
- Manifestation of hazard relates to drug exposure, concomitant therapies and underlying CV risk
- Other biological systems promote and restrain hemostasis, hypertension, arrhythmogenesis etc
- How big is the variability problem?

Interindividual variability in the pharmacological response to COX-2 inhibition

COX-1 activity ex vivo



Cox-2 selectivity

Genetic contribution to interindividual variability



The Challenge of Personalization

- The contribution of genomics to variability in drug response was ~ 30% in healthy male volunteers under controlled conditions.
- How do we predict analgesic efficacy and cardiovascular risk?
- How do we detect emerging risk?
- How do we confer benefit that is incremental to clinical practice?



The Personalized NSAID Therapeutics Consortium



PENTACON

- Harness heterogeneous quantitative data from diverse model systems exposed to comparator NSAIDs at multiple doses
- Utilize systems approaches, progressively populated with human data to develop models that result in novel predictive hypotheses
- Test these hypotheses prospectively at scale.

Personalization of NSAID Therapy

Can we develop algorithms which, when populated with an individual's pre- and post test drug exposure can predict (i) whether they should take and NSAID and (ii) if so which drug, at what dose and for how long?











The Personalized NSAID Therapeutics Consortium



Heterogeneity of nonsteroidal antiinflammatory drugs







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long

60 hrs

black: tNSAIDs red: pdCOX-2 inhibitors

Prostacyclin modulates the cadiovascular response to thromboxane in vivo







Cheng et al Science 296: 539 - 541, 2002





Genetic contribution to interindividual variability (ii)

Celecoxib

Rofecoxib



IT'S NOT A SIMPLE "BALANCE"



Confirmed Thrombotic Endpoint

Kaplan-Meier Estimates (95% CI)



* p<0.05

NSAIDs: Non-Steroidal Antiinflammatory Drugs

- Non-steroidal antiinflammatory drugs (NSAIDs) are the most commonly used pain killers in the world. Approximately 1000 NSAID containing drugs exist.

- 46 million U.S. adults with arthritis use an NSAID regularly or intermittently for pain control

 Some patients will have severe complications on NSAIDs: all NSAIDs can cause: stomach ulcers, gastrointestinal bleeds, hypertension

some NSAIDs can cause: heart attack and stroke













